



Your _____

HARVEST ASSORTMENT BASKET

was thoughtfully prepared for you by:

*These items may be included in the **Somis Sunrise**, **Suzannah**, and **Saint James** Harvest Assortment baskets.*

Your gourmet fruit basket contains specialty produce grown in the finest agricultural regions of the world. This basket contains the freshest produce available, all packed the day of shipment. Each week Underwood's Harvest Assortments vary in contents and are made unique by including items in season at the time.

The descriptions contained in this brochure may help you identify and prepare your specialty produce. If you have further questions, or would like ordering information please give us a call!

Underwood Family Farms

PO Box 596, Somis, CA 93066

TOLL FREE (800) 932-4252

www.underwoodfamilyfarms.com

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Papaya — Similar to a melon in texture and a pear in appearance, papayas have a fruity and fragrant flavor. The papaya's center is filled with grayish-black, edible seeds resembling caviar. Toss with your favorite salad or just cut in half and eat with a touch of lemon or lime.

California Citrus — Valencias, navels, mandarins, grapefruit, tangerines and pomelos are just some of the California citrus you may find in your basket. Packed with Vitamin C, citrus is delicious when juiced and can be cut up in salads or served alone as a tasty and healthy treat.

Asian Pear — (Also known as Nashi or Apple Pear) A round fruit with the looks of an apple and a yellow-green skin. The flesh is firm and white in color when ripe. Asian pears are a good source of vitamin C and fiber.

Mango — This luscious tropical fruit has a rich, alluring flavor that is delicately fragrant when ripe and exceptionally juicy. The mango's flesh is yellow or golden-orange with a skin color of green-yellow to orange and crimson. A ripe mango has a fragrant aroma at the stem end and may be slightly soft to the touch.

Fuyu Persimmon — The round, bright orange, tomato-shaped Fuyu has a flattened bottom. Fuyus

are crisp textured, similar to an apple, and retain their crispness when cooked. A nice addition to any fruit salad, persimmons are a good source of vitamins A and C.

Pomegranate — The pomegranate has a hard, leathery, deep red to purplish rind and is about the same size as a large apple. Eat out-of-hand by removing the rind and cream colored membrane and enjoy the juicy, translucent, tart-sweet pulp that surrounds each seed. There is no perfect or tidy way to eat a pomegranate!

Kumquat — Kumquats are the only fruit which have a deliciously sweet rind and a pulp that is puckery-sour; a wonderful combination. Kumquats are a brilliant golden-orange color and are firm to the touch when ripe. Serve kumquats as you would grapes.

*Depending on availability, your basket may also contain **Pineapples** from Maui, **Stone Fruit** in season, **Kiwi** from New Zealand, **Yellow and Red Bananas**, **Gala** and **Fuji Apples** may also be included.*

If you have any questions about your gourmet fruit,
please call Underwood's at
TOLL FREE (800) 932-4252